

For Children Birth to Age Three

Illinois Early Learning Guidelines



The Newborn Period

This period from birth to four months is when parents and caregivers are working very hard to learn their infant's signals and respond appropriately to their needs. Infants depend exclusively on soothing and appropriate responses from their caregivers in order to thrive and develop.

Self-Regulation: Foundation of Development

Physiological Regulation

Children demonstrate the emerging ability to regulate their physical processes in order to meet both their internal needs and external demands in accordance with social and cultural contexts.

Emotional Regulation

Children demonstrate the emerging ability to identify and manage the expression of emotion in accordance with social and cultural contexts.

Attention Regulation

Children demonstrate the emerging ability to process stimuli, focus and sustain attention, and maintain engagement in accordance with social and cultural contexts.

Behavior Regulation

Children demonstrate the emerging ability to manage and adjust behaviors in accordance with social and cultural contexts.



Social & Emotional Development

Attachment Relationships

Children form secure attachment relationships with caregivers who are emotionally available, responsive, and consistent in meeting their needs.

Emotional Expression

Children demonstrate an awareness of and the ability to identify and express emotions.

Relationship with Adults

Children demonstrate the desire and develop the ability to engage, interact, and build relationships with familiar adults.

Self-Concept

Children develop identity of self.

Relationship with Peers

Children demonstrate the desire and develop the ability to engage and interact with other children.

Empathy

Children demonstrate an emerging ability to understand someone else's feelings and to share in the emotional experiences of others.



Physical Development & Health

Gross Motor

Children demonstrate strength, coordination, and controlled use of large muscles.

Fine Motor

Children demonstrate the ability to coordinate their small muscles in order to move and control objects.

Perceptual

Children demonstrate the ability to distinguish, process, and respond to sensory stimuli in their environment.

Self-Care

Children demonstrate the desire and ability to participate in and practice self-care routines.



Language Development, Communication, & Literacy



Social Communication

Children demonstrate the ability to engage with and maintain communication with others.

Receptive Communication

Children demonstrate the ability to comprehend both verbal and nonverbal communication.

Expressive Communication

Children demonstrate the ability to understand and convey thoughts through both nonverbal and verbal expression.

Early Literacy

Children demonstrate interest in and comprehension of printed materials.

Cognitive Development

Concept Development

Children demonstrate the ability to connect pieces of information in understanding objects, ideas, and relationships.

Memory

Children demonstrate the ability to acquire, store, recall, and apply past experiences.

Spatial Relationships

Children demonstrate an awareness of how objects and people move and fit in space.

Symbolic Thought

Children demonstrate the understanding of concepts, experiences, and ideas through symbolic representation.

Creative Expression

Children demonstrate the ability to convey ideas and emotions through creative expression.

Logic & Reasoning

Children demonstrate the ability to use knowledge, previous experiences, and trial and error to make sense of and impact their world.

Quantity & Numbers

Children demonstrate awareness of quantity, counting, and numeric competencies.

Science Concepts & Exploration

Children demonstrate a basic awareness of and use scientific concepts.

Safety & Well-Being

Children demonstrate the emerging ability to recognize risky situations and respond accordingly.



Approaches to Learning

Curiosity & Initiative

Children demonstrate interest and eagerness in learning about their world.

Problem Solving

Children attempt a variety of strategies to accomplish tasks, overcome obstacles, and find solutions to tasks, questions, and challenges.

Confidence & Risk-Taking

Children demonstrate a willingness to participate in new experiences and confidently engage in risk-taking.

Persistence, Effort, & Attentiveness

Children demonstrate the ability to remain engaged in experiences and develop a sense of purpose and follow-through.

Creativity, Inventiveness, & Imagination

Children demonstrate the ability to use creativity, inventiveness, and imagination to increase their understanding and knowledge of the world.



For resources on the Illinois Early Learning Guidelines, visit

illinoisearlylearning.org/guidelines



29 Children's Research Center
University of Illinois at Urbana-Champaign
51 Gerty Dr. • Champaign, IL 61820-7469
Toll-free: (877) 275-3227
E-mail: iel@illinois.edu
illinoisearlylearning.org

Illinois State
Board of Education

in collaboration with
the **Ounce** **posi+ive**