

Music and Movement

Keep children engaged when you have to wait

Move to the beat

Tap, clap, shimmy, or sway in time to music in the car or while waiting in line. Pretend to play band instruments, such as an "air guitar."



Sing along

Take turns choosing songs to sing together or make up songs about what you are doing.



Listen

Investigate sounds together! Talk about musical concepts such as loud or soft and high or low pitches.



Create sounds

Make sound effects with voices, fingers, and objects. Imitate animal noises or machinery sounds.



Any opinions, findings, conclusions, or recommendations expressed in this tip sheet are those of the author(s) and do not necessarily reflect the views of the Illinois State Board of Education.



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